

# COOK ISLANDS

## Tour Information



## RAROTONGA

### Island Discovery Tour

Monday to Friday ~ 9am – 1pm

from \$71pp

Start your holiday with an orientated circle island tour. Be enlightened with a qualified tour guide sharing with you his knowledge of the local history & culture as you journey around the island. Includes transfers, tour & light refreshments. Perfect for first time visitors!

### Captain Tama's Lagoon Cruise

Sunday to Friday ~ 11am – 3pm

from \$92pp

Undoubtedly one of the best ways to discover the lagoon! Cruise the inner lagoon of Rarotonga in a glass bottom boat to the marine reserve for some coral viewing and snorkelling, followed by a BBQ fish lunch on Koromiri Island on Muri Lagoon. Your tour guide will entertain you during lunch with a pareu (sarong) tying demonstration and some of the local traditions. Includes transfers. A must do!

### Pa's Nature Walk

Tuesday & Thursday ~ Confirm time on Island

from \$87pp

Pa is a Rarotongan born Cook Islander & has become a legend among locals & tourists. Learn about the traditional herbal medicines & the flora & fauna while you hike across the island. Includes transfers, tour & light lunch. Duration approximately 3 hours.

### Kitesup SUP Yoga Tour

Thursday & Sunday ~ 2:30pm – 4pm

from \$40pp

Take your practice to the water with a paddle board as your mat. Along with the guidance of a certified instructor, practice a combination of sun salutations and seated poses that will take your normal yoga routine to a whole new level!

### Aitutaki Day Tour from Rarotonga

Monday to Saturday ~ 8am – 5:30pm

from \$518pp

On arrival at Aitutaki you will be taken on a one hour island tour of the main island of Aitutaki by 'le truck'. Then it's on to the highlight of the day – The Vaka Cruise aboard the 21 metre vaka (catamaran) Titi-ai-Tonga. There is time for snorkelling and swimming before stopping for a tasty barbeque lunch, cooked right on board. The cruise stops at several motu (small islets) including One Foot Island. Includes return transfers in Rarotonga, and return flights to Aitutaki.

### Overwater Night Show & Buffet Dinner

Tuesday, Thursday & Saturday ~ 7.30pm–10pm

from \$129pp

Be blown away by this amazing show while Rarotonga's finest dancers & musicians perform by flaming torchlight on floating & fixed stages as you enjoy the delicious Island/Western Fusion Buffet prepared by local & International Chefs. Includes transfers, show & dinner.

### Progressive Dinner

Monday & Thursday ~ 5pm - 10pm

from \$100pp

Once in the villages, experience true Cook Islands cuisine, hospitality & the real spirit of culture & lifestyle when you visit the locals in their homes! This wine & dine experience takes visitors through 3 island style homes. Includes transfers & 3-course dinner.

### Half Day Shared Fishing Charter

Monday to Saturday ~ 7:00am or 1:00pm

from \$207pp

Akura is the Cook Islands Maori name for Marlin and is no doubt a 'catchy' name. Onboard the mighty Akura Fishing boat, you are guaranteed that special 'catch of the day' whilst enjoying the beautiful pristine waters of the Pacific Ocean and admiring some of the most magical views of Rarotonga in the back drop. Includes light lunch & water. Duration 4-5 hours.

### Storytellers Eco Cycle Tours Various options available

Various days & times

Storytellers are passionate about where they live and what they do. They have just as much fun showing you around, as you will have on one of their tours. Offering a variety of small group tour options suitable for all ages and cycling abilities, as well as walking tours. This is a unique way to experience authentic Rarotonga! Transfers included.

Walk-About Tour with fresh fruit ice-cream (1.5 hours) from \$35pp

Afternoon Stroll about Town with drink at local bar (1.5 hours) from \$35pp

Take-A-Peek Bicycle Tour (2 hours) from \$40pp

Eco-Cycle Bicycle Tour with Wildlife Centre visit (3 hours) from \$81pp

Discover Tour with lunch (4 hours) from \$81pp

Explore Bicycle Tour with lunch (5 hours) from \$96pp

All prices are subject to change and are correct at time of printing. Valid for travel up to 31 March 2022. For any additional information or to book call Omniche Holidays on ph. 1800 111 653.